



Menu for pickup/delivery on:
11/22/20

Gluten-Free	Vegetarian	Vegan	Whole Grain	Dairy-Free	Nut-Free	Heart Friendly
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Roast Turkey, Honey Ham & Dressing						Pop's Whipped Potatoes											X			
						Country Green Beans														
Calories	Protein (g)	Fat (g)	Carbs (g)	Fiber (g)	Sodium (mg)															
583	36	25	52	8	1261															
Roasted Turkey Breast & Dressing						Pop's Whipped Potatoes											X	X		
						Country Green Beans														
Calories	Protein (g)	Fat (g)	Carbs (g)	Fiber (g)	Sodium (mg)															
614	44	20	48	8	705															

BalanceBleu Meal Prep would like to thank you all for your support during what has been a very difficult year for everyone. We look forward to helping you #findyourbalance every week. This week we'll be making just our traditional 2 holiday meals and will resume with 6 menu choices on the following week. Thank you so much for everything and have a great week!

1-9 meals	
\$8 each	\$5 delivery


FIND YOUR BALANCE.

10+ meals	
\$7.5 each	FREE delivery

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